

Nominating Questionnaire

Empire Runners Club Hall of Fame

To recognize and honor club members with exceptionally outstanding running careers

Use this form to submit your nominee for inclusion in the Empire Runners Club Hall of Fame. You must be a current Empire Runners Club member to submit a nomination. Nominations must be received by the Hall of Fame Committee by November 1 in order to be considered for induction in the following year. Self nomination is accepted.

Mail or deliver your completed form to: **Ralph Harms**
4926 Fernglen Dr.
Santa Rosa, CA 95405
707 538-3035 harmsway@sonic.net

Nominees should meet the following minimum requirements:

- 60 years of age or older,
- Empire Runners Club member for 5 years or longer (current membership not required),
- Met or bettered in at least one certified track or road running event an age-graded performance standard of 80% (“National Class”), based on the most recent age-graded standards published by the World Association of Veteran Athletes (Easy to use online calculators to determine if a time meets the qualifying standard of 80% can be found at <http://jick.net/~jess/track/mtf/AGT.php> or at <http://www.howardgrubb.co.uk/athletics/wmalookup06.html>.)
- Demonstrated longevity in an outstanding running career.

The Committee will consider, on a case by case basis, candidates whose running achievements may not have been in standard track or road race distances (such as ultra or trail events) and therefore not covered by age-graded standards and also candidates who may have passed away before age 60.

Please answer all questions as accurately as possible. If estimating, please indicate (“est.”).

Your name: _____

Your phone number: _____ Your email address: _____

Name of nominee: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone _____ Email address: _____

Nominee’s date of birth : _____ (If deceased, date of death) _____

Has the nominee been an Empire Runners Club member for 5 years or longer? _____

List dates of membership (year first joined, etc.) _____

Qualifying Event (Only one result meeting the qualifying (“80%”) standard need be listed. You may list other events and times in the next section.)

Name qualifying race: _____ Location: _____ Date
of event _____ Event distance: _____ Track or Road? _____ Time: _____

Summary of Running Career

Present evidence that your nominee deserves to be honored as a Hall of Fame member. Include history and “stats” of his or her best running achievements. When did your nominee begin running competitively? How long and how well did he or she continue to excel? Did he or she compete in high school, college, or nationally at a competitive level? List significant awards or honors received for running at all age-division levels. Has your nominee contributed to the sport of running other than as a competitor, such as coach, running official, or club volunteer? Include any other information you may think useful. You may attach extra sheets.