

# The Empire Runners Club

## Membership Application

### Member Dues: Check Appropriate Line

- ✓ **Adult Individual:** \$20 per year \_\_\_\_\_
- ✓ **Family (single household):** \$25 per year \_\_\_\_\_
- ✓ **Student Individual (21 and under):** \$10 per year \_\_\_\_\_
- ✓ **Printed newsletter mailed to you:** Add \$25 \_\_\_\_\_

Check One:  New Membership  Renewal  Information Update

**Membership Benefits** Reduced entry fee to Club races \$5, non-members \$10 (except Kenwood Footrace, Empire Open, Track Series or Salmon Creek), One free Club race entry (NEW members only). One club t-shirt (per household per year). T-shirt must be claimed in person at a club race within 90 days of joining or renewing. You will receive "Free Race Coupons" and 'T' shirt coupon in your membership packet.

<input type="checkbox"/>	CHECK HERE IF FREE RACE COUPON(S) AWARDED WITH MEMBERSHIP APPLICATION
--------------------------	--

**TOTAL ENCLOSED:**  
\$ \_\_\_\_\_  
Please make checks payable  
to  
**Empire Runners  
Club**  
Mail completed form to :  
**Empire Runners Club  
P O Box 4241  
Santa Rosa, CA 95402**  
**Membership questions?**  
**Gil Moreno**  
**707-546-9142**  
You may also join or renew  
online at :  
**www.empirerunners.org**

**Club Newsletter Online** Member households with email receive an online monthly newsletter free via the Empire Runners Club egroup, a club members-only online bulletin board exclusively for running and club-related issues. Please include your e-mail address below. You will be added to the egroup. (Optional)

**Student Grant Fund** Each year the Club awards financial grants to deserving graduating high school runners to help with their college expenses. Five dollars from each non-youth membership automatically go to our Student Grant Fund. If you would like make an additional donation please indicate your additional donation here \$ \_\_\_\_\_

**Volunteer** Experience the fun of working Empire Runner sponsored events. Help is always needed prior to, during and after each event. Volunteering is a great way to socialize with fellow members and is also a rewarding experience. Please volunteer - this is your club, relying on a volunteer effort, and requiring member support. Can you help?  NO  YES, call me if you need me!

### Please print legibly and complete all information

Include information on family members only if they are joining the club

\_\_\_\_\_  
First Name Last Name Sex Date of Birth

\_\_\_\_\_  
Street Address City State Zip

\_\_\_\_\_  
Phone E-mail Address (required to receive online newsletter)

Additional family members joining

\_\_\_\_\_  
First Name Last Name Sex Date of Birth

\_\_\_\_\_  
First Name Last Name Sex Date of Birth

(More than 3 family members? Please use the back of this form to include additional members joining the club)

Personal Running History (Optional, to be printed in the club newsletter.) Please introduce yourself to the rest of the membership and tell us something about yourself (and other family members) and about your running experience(s). You may wish to include what you do, where you've lived, race and training preferences, and any comments you would like to make. Please use the back of this sheet.

**Where or How did you first hear about the Empire Runners Club:** \_\_\_\_\_

### CLUB MEMBERSHIP APPLICATION WAIVER

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Empire Runners Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

\_\_\_\_\_  
Signature (and parent's signature if under 18 years)

\_\_\_\_\_  
Date