

The 2023 running of the Salmon Creek Beach Runs (our 46th year!) featured a small but elite field of Empire Runners. Most runners chose to run the full 5-mile course this year and took advantage of great running conditions and spectacular weather. On a day that Santa Rosa was expecting to reach 99° much of Sonoma County seemed to be on hand to witness our runners and their fine performances. Thanks to Kenny and Kathy Brown, Sebastian and Karen Bohn, and everyone else who pitched in to help make this a success again.



(Photo by Kathy Brown at the 1 mile mark with 5-mile runners on their way out and a 2-mile runner on his way to the finish)

2 – Mile [Women]

1. Leslie Field (51) 17:23
2. Lisa Isabeau (64) 18:45

2 – Mile [Men]

1. William Tran (27) 13:25

5 – Mile [Women]

1. Krista Dreschlser (33) 37:39
2. Kerry Hanlon (51) 37:46
3. Margaret Pedersen (28) 39:31
4. Meghan Field (22) 41:20

5 – Mile [Men]

1. Chris Gardina (38) 35:11
2. Robert Pedersen (25) 35:16
3. Solomon Leung (33) 35:34
4. Kenny Brown (54) 37:32
5. Derek Sadorra (18) 38:28
6. Larry Meredith (66) 42:35
7. Kosuke Cugini (12) 49:34